

ALLERGENS	SPRING 2025			X CONTAINS ALLERGENS						ASSESSED ON 19/11/2024					
Week 3 Monday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seesame	Sulphur
Main	Crispy Chicken Goujons								X						
Vegetarian	Quorn Vegan Nuggets								X						
Side	Garlic New Potatoes														
Side	Sweetcorn														
Dessert	Mixed Fruit Jelly														
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna			X						X					
Week 3 Tuesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seesame	Sulphur
Main	Baked Sausages							X	X						X
Vegetarian	Veggie Toad in the Hole				X				X	X					
Side	Mashed Potato														
Side	Mixed Vegetables & Gravy														
Dessert	Chocolate Cookie								X						
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna			X						X					
Week 3 Wednesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Cereal/Gluten	Eggs	Lupin	Molluscs	Nuts	Seesame	Sulphur
Main	Beef Burger							X	X					MC	X
Vegetarian	Quorn Burger				X				X	X				MC	
Side	Herby Diced Potatoes														
Side	Salad														
Dessert	Vanilla Shortbread								X						
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna			X						X					
Week 3 Thursday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seesame	Sulphur
Main	Roast Turkey														
Vegetarian	Halloumi Traybake				X										
Side	Stuffing								X						
Side	Crispy Roast Potatoes														
Side	Broccoli, Swede & Gravy														
Dessert	Banoffee Traybake				X				X	X					
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna			X						X					
Week 3 Friday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seesame	Sulphur
Main	Fish Fingers			X					X						
Vegetarian	Vegan Burrito								X						
Side	Chips														
Side	Peas														
Dessert	Chocolate Custard with Pears				X										
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna			X						X					