

ALLERGENS	SPRING 2025		X CONTAINS ALLERGENS							ASSESSED ON 19/11/2025						
Week 2 Monday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur	
Main	Chicken Tikka Masala				X				X							
Vegetarian	Carrot & Chickpea Curry								X							
Side	Rice															
Side	Naan Bread								X							
Dessert	Fruit Flapjack								X							
Jacket Potato	Jacket Potato															
Cheese	Jacket Potato & Cheese				X											
Beans	Jacket Potato & Beans															
Tuna	Jacket Potato & Tuna			X						X						
Week 2 Tuesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur	
Main	Beef Bolognaise															
Vegetarian	Meat Free Bolognaise							X	X							
Side	Pasta								X							
Side	Baby Carrots															
Dessert	Australian Crunch								X						X	
Jacket Potato	Jacket Potato															
Cheese	Jacket Potato & Cheese				X											
Beans	Jacket Potato & Beans															
Tuna	Jacket Potato & Tuna			X						X						
Week 2 Wednesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Cereal/Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur	
Main	Beefy Bacon Pasta Bake with a Garlic Crumb															
Vegetarian	Macaroni Cheese				X	X			X							
Side	Garlic Bread				X			X	X							
Side	Country Vegetables															
Dessert	Baked Pineapple & Ice Cream				X											
Jacket Potato	Jacket Potato															
Cheese	Jacket Potato & Cheese				X											
Beans	Jacket Potato & Beans															
Tuna	Jacket Potato & Tuna			X						X						
Week 2 Thursday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur	
Main	Roast Pork															
Vegetarian	Quorn Vegan Sausage								X							
Side	Crispy Roast Potatoes															
Side	Broccoli, Carrots & Gravy															
Dessert	Black Forest Gateau				X				X	X						
Jacket Potato	Jacket Potato															
Cheese	Jacket Potato & Cheese				X											
Beans	Jacket Potato & Beans															
Tuna	Jacket Potato & Tuna			X						X						
Week 2 Friday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur	
Main	Battered Fish			X					X							
Vegetarian	Cherry Tomato & Pepper Tart				X				X	X						
Side	Chips															
Side	Baked Beans															
Dessert	Strawberry Cheesecake				X				X							
Jacket Potato	Jacket Potato															
Cheese	Jacket Potato & Cheese				X											
Beans	Jacket Potato & Beans															
Tuna	Jacket Potato & Tuna			X						X						