

| ALLERGENS        |                                  | SPRING 2025 |            | X CONTAINS ALLERGENS |      |         |         | ASSESSED ON 19/11/2024 |        |      |       |          |      |         |         |  |
|------------------|----------------------------------|-------------|------------|----------------------|------|---------|---------|------------------------|--------|------|-------|----------|------|---------|---------|--|
| Week 1 Monday    | Dish                             | Celery      | Shell Fish | Fish                 | Milk | Mustard | Peanuts | Soya                   | Gluten | Eggs | Lupin | Molluscs | Nuts | Seesame | Sulphur |  |
| Main             | Hot Dog                          |             |            |                      |      |         |         | X                      | X      |      |       |          |      | MC      | X       |  |
| Vegetarian       | Quorn Dog                        |             |            |                      |      |         |         | MC                     | X      |      |       |          |      | MC      |         |  |
| Side             | Wedges                           |             |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Side             | Sweetcorn                        |             |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Dessert          | Vanilla Shortbread               |             |            |                      |      |         |         |                        | X      |      |       |          |      |         |         |  |
| Jacket Potato    | Jacket Potato                    |             |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Cheese           | Jacket Potato & Cheese           |             |            |                      | X    |         |         |                        |        |      |       |          |      |         |         |  |
| Beans            | Jacket Potato & Beans            |             |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Tuna             | Jacket Potato & Tuna             |             |            | X                    |      |         |         |                        |        | X    |       |          |      |         |         |  |
| Week 1 Tuesday   | Dish                             | Celery      | Shell Fish | Fish                 | Milk | Mustard | Peanuts | Soya                   | Gluten | Eggs | Lupin | Molluscs | Nuts | Seesame | Sulphur |  |
| Main             | Chicken Hot Pot                  | X           |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Vegetarian       | Country Vegetable Bake           |             |            |                      | X    |         |         |                        | X      |      |       |          |      |         |         |  |
| Side             | Crusty Bread                     |             |            |                      |      |         |         |                        | X      |      |       |          |      | MC      |         |  |
| Side             | Peas                             |             |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Dessert          | Waffle with Mixed Berries        |             |            |                      | MC   |         |         | X                      | X      | X    |       |          |      |         |         |  |
| Jacket Potato    | Jacket Potato                    |             |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Cheese           | Jacket Potato & Cheese           |             |            |                      | X    |         |         |                        |        |      |       |          |      |         |         |  |
| Beans            | Jacket Potato & Beans            |             |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Tuna             | Jacket Potato & Tuna             |             |            | X                    |      |         |         |                        |        | X    |       |          |      |         |         |  |
| Week 1 Wednesday | Dish                             | Celery      | Shell Fish | Fish                 | Milk | Mustard | Peanuts | Soya                   | Gluten | Eggs | Lupin | Molluscs | Nuts | Seesame | Sulphur |  |
| Main             | Cheese & Tomato Pizza            |             |            |                      | X    |         |         |                        | X      |      |       |          |      |         |         |  |
| Vegetarian       | Vegetable Pizza                  |             |            |                      | X    |         |         |                        | X      |      |       |          |      |         |         |  |
| Side             | Nacho's                          |             |            |                      |      |         |         | MC                     |        |      |       |          |      |         |         |  |
| Side             | Salad                            |             |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Dessert          | Chocolate Brownie                |             |            |                      |      |         |         |                        | X      | X    |       |          |      |         |         |  |
| Jacket Potato    | Jacket Potato                    |             |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Cheese           | Jacket Potato & Cheese           |             |            |                      | X    |         |         |                        |        |      |       |          |      |         |         |  |
| Beans            | Jacket Potato & Beans            |             |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Tuna             | Jacket Potato & Tuna             |             |            | X                    |      |         |         |                        |        | X    |       |          |      |         |         |  |
| Week 1 Thursday  | Dish                             | Celery      | Shell Fish | Fish                 | Milk | Mustard | Peanuts | Soya                   | Gluten | Eggs | Lupin | Molluscs | Nuts | Seesame | Sulphur |  |
| Main             | Roast Gammon                     |             |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Vegetarian       | Vegan Pot Pie                    |             |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Side             | Crispy Roast Potatoes            |             |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Side             | Green Beans, Cauliflower & Gravy |             |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Dessert          | Chocolate Sprinkle Cake          |             |            |                      |      |         |         |                        | X      | X    |       |          |      |         |         |  |
| Jacket Potato    | Jacket Potato                    |             |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Cheese           | Jacket Potato & Cheese           |             |            |                      | X    |         |         |                        |        |      |       |          |      |         |         |  |
| Beans            | Jacket Potato & Beans            |             |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Tuna             | Jacket Potato & Tuna             |             |            | X                    |      |         |         |                        |        | X    |       |          |      |         |         |  |
| Week 1 Friday    | Dish                             | Celery      | Shell Fish | Fish                 | Milk | Mustard | Peanuts | Soya                   | Gluten | Eggs | Lupin | Molluscs | Nuts | Seesame | Sulphur |  |
| Main             | Fish Fingers                     |             |            | X                    |      |         |         |                        | X      |      |       |          |      |         |         |  |
| Vegetarian       | Veggie Burger                    |             |            |                      |      |         |         |                        | X      |      |       |          |      | MC      |         |  |
| Side             | Chips                            |             |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Side             | Peas                             |             |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Dessert          | Strawberry Ice Cream Pot         |             |            |                      | X    |         |         |                        |        |      |       |          |      |         |         |  |
| Jacket Potato    | Jacket Potato                    |             |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Cheese           | Jacket Potato & Cheese           |             |            |                      | X    |         |         |                        |        |      |       |          |      |         |         |  |
| Beans            | Jacket Potato & Beans            |             |            |                      |      |         |         |                        |        |      |       |          |      |         |         |  |
| Tuna             | Jacket Potato & Tuna             |             |            | X                    |      |         |         |                        |        | X    |       |          |      |         |         |  |