

ALLERGENS		AUTUMN WINTER 2024			X CONTAINS ALLERGENS					ASSESSED ON 02/07/2024					
Week 3 Monday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Savoury Mince														
Vegetarian	Veggie Toad in the hole				X				X	X					
Side	Puff Pastry								X						
Side	Mixed Vegetables														
Dessert	Lemon Shortbread								X						
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna			X						X					
Week 3 Tuesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Hot Dog							X	X					MC	X
Vegetarian	Vegan Hot Dog							MC	X					MC	
Side	Nacho's							MC							
Side	Coleslaw									X					
Dessert	Sticky Toffee Pudding & Custard				X				X	X					
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna			X						X					
Week 3 Wednesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Cereal/Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Creamy Chicken Tikka Masala				X				X						
Vegetarian	Quorn Katsu Curry									X					
Side	Rice														
Side	Naan Bread								X						
Dessert	Allotment Cake								X	X					
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna			X						X					
Week 3 Thursday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Roast Turkey														
Vegetarian	Vegan Wellington							X	X						
Side	Crispy Roast Potatoes	MC													
Side	Broccoli, Swede & Gravy														
Dessert	Fruit Cocktail														
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna			X						X					
Week 3 Friday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Battered Fish			X					X						
Vegetarian	Vegetable Burger								X					MC	
Side	Chips														
Side	Peas														
Dessert	Mandarin Jelly														
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna			X						X					