

ALLERGENS	AUTUMN WINTER 2024			X CONTAINS ALLERGENS						ASSESSED ON 02/07/2024					
Week 2 Monday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seesame	Sulphur
Main	Crispy Chicken Goujons								X						
Vegetarian	Quorn Vegan Nuggets								X						
Side	Wedges														
Side	Sweetcorn														
Dessert	Apricot & Ginger Flapjack								X						X
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna			X						X					
Week 2 Tuesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seesame	Sulphur
Main	Chicken in a Creamy Tomato Sauce				X										
Vegetarian	Tomato & Basil Sauce														
Side	Pasta								X						
Side	Salad														
Dessert	Banoffee Pie				X				X						
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna			X						X					
Week 2 Wednesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Cereal/Gluten	Eggs	Lupin	Molluscs	Nuts	Seesame	Sulphur
Main	Baked Sausages							X	X						X
Vegetarian	Quorn Vegan Sausage								X						
Side	Mashed Potato	MC													
Side	Country Vegetables & Gravy														
Dessert	Peaches & Ice Cream				X										
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna			X						X					
Week 2 Thursday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seesame	Sulphur
Main	Roast Gammon														
Vegetarian	Vegetable Goulash														
Side	Roasted New Potatoes & Gravy														
Side	Greenbeans														
Dessert	Cauliflower														
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna			X						X					
Week 2 Friday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seesame	Sulphur
Main	Fish Fingers			X					X						
Vegetarian	Cheese & Onion Pasty				X				X						
Side	Chips														
Side	Baked Beans														
Dessert	Apple & Blackberry Crumble with Custard				X				X						
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna			X						X					