

ALLERGENS		AUTUMN WINTER 2024 X CONTAINS ALLERGENS						ASSESSED ON 02/07/2024								
Week 1 Monday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur	
Main	Beef Bolognaise															
Vegetarian	Meat Free Bolognaise							X	X							
Side	Pasta								X							
Side	Garlic Bread				MC			MC	X							
Side	Salad															
Dessert	Pancakes with Forest Fruits				MC				X	MC						
Jacket Potato	Jacket Potato															
Cheese	Jacket Potato & Cheese				X											
Beans	Jacket Potato & Beans															
Tuna	Jacket Potato & Tuna			X						X						
Week 1 Tuesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur	
Main	Spanish Chicken Casserole				X	MC										
Vegetarian	Next Level Ratatouille															
Side	Rice															
Side	Peas															
Dessert	Gingerbread Pudding								X	X						
Jacket Potato	Jacket Potato															
Cheese	Jacket Potato & Cheese				X											
Beans	Jacket Potato & Beans															
Tuna	Jacket Potato & Tuna			X						X						
Week 1 Wednesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Cereal/Glute	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur	
Main	Beef Burger							X	X					MC	X	
Vegetarian	Quorn Burger				X				X	X				MC		
Side	Croquette Potatoes								X							
Side	Baked Beans															
Dessert	Vanilla Cookie								X							
Jacket Potato	Jacket Potato															
Cheese	Jacket Potato & Cheese				X											
Beans	Jacket Potato & Beans															
Tuna	Jacket Potato & Tuna			X						X						
Week 1 Thursday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur	
Main	Roast Pork															
Vegetarian	Quorn Vegan Sausage								X							
Side	Crispy Roast Potatoes	MC														
Side	Cabbage, Carrots & Gravy															
Dessert	Orange & Passion Fruit Traybake								X	X						
Jacket Potato	Jacket Potato															
Cheese	Jacket Potato & Cheese				X											
Beans	Jacket Potato & Beans															
Tuna	Jacket Potato & Tuna			X						X						
Week 1 Friday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur	
Main	Salmon Fish Cake			X					X							
Vegetarian	Vegetable Pizza				X				X							
Side	Chips															
Side	Peas															
Dessert	Mixed Fruit Jelly															
Jacket Potato	Jacket Potato															
Cheese	Jacket Potato & Cheese				X											
Beans	Jacket Potato & Beans															
Tuna	Jacket Potato & Tuna			X						X						