ALLERGENS	MENU SUMMER 24		X CONTAINS ALLERGENS						ASSESSED ON 18/03/2024						
Week 1 Monday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Gluten Free Nuggets					Х		Х							
Side	Mint & Parsley Potatoes with Corn														
Side															
Dessert	GF/DF Chocolate Shortbread														
Week 1 Tuesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	BBQ Pulled Pork GF Ciabatta					MC		Х			MC			MC	
Side	Coleslaw, Green Salad & Nachos									Х					
Dessert	Jelly														
Week 1 Wednesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Carrot & Chick Pea Curry								MC						
Side	Rice Mixed Vegetables														
Dessert	Mixed Fruit Jelly														
Week 1 Thursday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Roast Beef														
Side	Crispy Roast Potatoes														
Side	Brocoli, Carrots & Gravy														
Dessert	GF/DF Chocolate Muffin									Х					
Week 1 Friday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Bubble Fish			Х											
Side	Chips														
Side	Peas														
Dessert	GF/DF Chocolate Cookie														