



Somerset County Council

**Shepton Mallet Community Infants' School & Nursery**

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**"Where Children Come First."**

8<sup>th</sup> February 2019

Dear Parent / Carer,

**Safer Internet Day 2019 – make a family gameplan**

Safer Internet Day is an annual opportunity for schools and families to think about how we can make the online world a positive place for children of all ages.

Many of our pupils enjoy gaming at home, with friends and parents. Gaming can be enjoyable, creative and can develop problem-solving and collaborative skills.

You may want to know more about how to support your child if they're gaming, including:

- how to participate
- how to manage their gaming time
- how to make sure their child is sharing personal information securely

A gameplan is an agreement you can use to help your child game safely and positively. Please find attached a gameplan template for your family, where you can agree what it is okay for you all to do when gaming.

**For more information about gaming:**

NSPCC Net Aware [www.net-aware.org.uk](http://www.net-aware.org.uk)

Ask About Games [www.askaboutgames.com](http://www.askaboutgames.com)

PEGI <https://pegi.info>

**For more information about being safe online:**

NSPCC Share Aware [www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware](http://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware)

UK Safer Internet Centre: <https://www.saferinternet.org.uk/advice-centre/parents-and-carers>

Advice on screentime <http://bit.ly/RCPCH-ScreenTimeForParents>

Yours sincerely

*Honoria Thompson*

**Honoria Thompson**

**Headteacher**



Web: [www.sheptonmalletinfants.co.uk](http://www.sheptonmalletinfants.co.uk)

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# What's my gameplan?

A **gameplan** is an agreement that families can use to help them game safely and positively. What will you agree together?

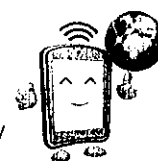
Questions to ask	We have agreed...
<p><b>When do I game?</b></p> <ul style="list-style-type: none"> <li>• Is it stopping me from doing other things?</li> <li>• Am I ready to stop an hour before bedtime?</li> </ul>	
<p><b>Which games do I choose?</b></p> <ul style="list-style-type: none"> <li>• Is this game okay for me to play?</li> <li>• Have we checked the PEGI rating?</li> <li>• Have we checked the settings (including chat)?</li> </ul>	
<p><b>Who am I gaming with?</b></p> <ul style="list-style-type: none"> <li>• Am I playing by myself or with other people?</li> <li>• Do my parents know who I am playing with?</li> <li>• Can I mute, block and report people if I need to?</li> </ul>	
<p><b>What am I sharing when I game?</b></p> <ul style="list-style-type: none"> <li>• What information is it okay for me to share?</li> <li>• How does the game use my data?</li> </ul>	
<p><b>How active am I?</b></p> <ul style="list-style-type: none"> <li>• Am I active while I am playing the game?</li> <li>• Am I taking regular game breaks?</li> <li>• Am I balancing my game time with other activities?</li> </ul>	
<p><b>How will I behave?</b></p> <ul style="list-style-type: none"> <li>• How can I be kind to other gamers?</li> <li>• Can I stop when I need to?</li> <li>• Who will I talk to if something upsets me?</li> </ul>	

For more information and advice, visit the UK Safer Internet Centre

[www.saferinternet.org.uk](http://www.saferinternet.org.uk)

**What's my gameplan?** is part of the Somerset e-Pledge to support Safer Internet Day

2019 <http://bit.ly/ePledge2019>



Safer  
Internet  
Day 2019

[www.saferinternetday.org.uk](http://www.saferinternetday.org.uk)



[www.somersetelim.org](http://www.somersetelim.org)