

WEEK 1

WEEK COMMENCING

05/11/18, 26/11/18, 17/12/18, 21/01/19, 11/02/19

Monday

Meat: Baked Sausage

Vegetarian: Baked Quorn Sausage

Side: Mashed Potatoes

Vegetables: Baked Beans

Dessert: Fruit Jelly

Tuesday

Meat: Roast Turkey & Gravy

Vegetarian: Roast Quorn Fillet & Gravy

Side: New Potatoes

Vegetables: Farmhouse Vegetables

Dessert: Marble Cake

Wednesday

Meat: Beef Burger in a Bun & Tomato Ketchup

Vegetarian: Vegetable Burger & Tomato Ketchup

Side: Herb Dice Potatoes

Vegetables: Sweetcorn

Dessert: Chocolate Mousse

Thursday

Meat: Pasta Bolognese

Vegetarian: Vegetarian Pasta Bolognese

Side: Garlic Bread

Vegetables: Green Beans

Dessert: Fruit Yoghurt

Friday

Fish: Breaded Fish Fingers

Vegetarian: Vegetable Nuggets

Side: Chips

Vegetables: Garden Peas & Tomato Ketchup

Dessert: Fruit Cake

SCHOOL LUNCH MENU - Nov 2018 to Feb 2019

WEEK 2

WEEK COMMENCING

12/11/18, 03/12/18, 07/01/19, 28/01/19

Monday

Meat: Mild Chicken Curry

Vegetarian: Vegetable & Chickpea Curry

Side: Rice

Vegetables: Sweetcorn

Dessert: Fruit Jelly

Tuesday

Meat: Roast Pork & Gravy

Vegetarian: Quorn Fillet & Gravy

Side: Roast Potatoes

Vegetables: Carrots & Green Beans

Dessert: Chocolate Cake

Wednesday

Meat: Savoury Minced Beef

Vegetarian: Savoury Vegetable Mince

Side: Mashed Potatoes

Vegetables: Garden Peas

Dessert: Oaty Apple Crumble & Custard

Thursday

Meat: Savoury Pork Boston Bake & Gravy

Vegetarian: Quorn Sausage

Side: New Potatoes

Vegetables: Farmhouse Vegetables

Dessert: Strawberry Mousse

Friday

Fish: Breaded Fishcake

Vegetarian: Vegetable Burger

Side: Chips

Vegetables: Baked Beans

Dessert: Sultana Flapjack

WEEK 3

WEEK COMMENCING

19/11/18, 10/12/18, 14/01/19, 04/02/19

Monday

Meat: Pork Meatballs in Tomato Sauce

Vegetarian: Quorn Meatballs in Tomato Sauce

Side: Rice

Vegetables: Sweetcorn & Peppers

Dessert: Pineapple Upside down Cake & Custard

Tuesday

Meat: Roast Beef & Gravy

Vegetarian: Quorn Fillet & Gravy

Side: Roast Potatoes

Vegetables: Carrots & Green Beans

Dessert: Raspberry Mousse

Wednesday

Meat: Hot Dogs

Vegetarian: Vegetable Hot Dogs

Side: Jacket Wedges

Vegetables: Baked Beans

Dessert: Fruit Yoghurt

Thursday

Meat: Chicken Breast & Gravy

Vegetarian: Baked Vegetable Crumble

Side: Mashed Potatoes

Vegetables: Farmhouse Vegetables

Dessert: Fruit Jelly

Friday

Fish: Breaded Fish Fingers

Vegetarian: Cheese & Tomato Pizza

Side: Chips

Vegetables: Garden Peas & Tomato Ketchup

Dessert: Carrot Cake

 **Christmas Lunch Date: 13th December 2018.** 

Please see separate menu for details



DAILY EXTRAS: Jacket potatoes with cheese & baked beans are available daily, as the alternative to the main menu, BAM FM recommends choosing the jacket potato option no more than twice a week. Fresh drinking water available daily.

